

# GET YOUR COMPRESSION GARMENTS FROM A MEDICAL SUPPLY RETAILER GET GOING



## FIND A MEDICAL RETAILER IN YOUR AREA

Using our retailer search, you can quickly find a medical retailer, for example a medical supplier where you can get our VenoTrain micro compression stockings: [bauerfeind.de/haendlersuche](https://bauerfeind.de/haendlersuche) haendlersuche Our Quality Partners will provide expert advice on our products and carry out professional measurements so your new favorite stockings will fit you perfectly. This is the only way to make sure your new stockings are fully effective.

## CREATE YOUR OWN STYLE WITH VENOTRAIN MICRO

Our VenoTrain micro offers you a huge variety of versions and colors. What style fits you best? Make your choice, then pass the order to your medical retailer.

### VERSION \*



- \* AD knee-high stocking with wide comfort top band
- AG thigh-high stocking with silicone top band that you can select here
- AT pantyhose with figure-sculpting panty area and narrow top band
- ATU maternity pantyhose with panty area that expands as the mother's bump grows, and narrow top band

### TOE

- OPEN
- CLOSED

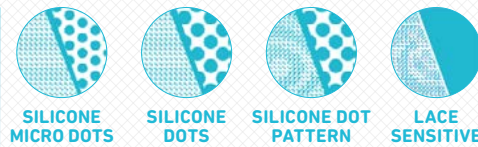
### COLOR



### DESIGN



### SILICONE TOP BAND (not for all versions)



**NICE TO KNOW**  
 The compression class that is just right for you is determined by your physician. It will be specified on your prescription. Your specialist medical retailer will work out the correct size for you.

**MORE OF OUR TIPS**  
 are on the next page.

## YOU CAN GET MORE FASHION TIPS ON FACEBOOK

@bauerfeindag



# ARE YOU NEW TO THE SUBJECT OF MEDICAL COMPRESSION STOCKINGS?

## WE'LL MAKE YOUR START EASIER



### MEDICAL COMPRESSION STOCKINGS BY PRESCRIPTION?

#### DECODING YOUR PRESCRIPTION

Do you frequently suffer from heavy legs or have you discovered visual signs of vein problems – for example spider veins or varicose veins? Make sure you get them checked by a physician. If a venous disorder is diagnosed, you will receive a prescription for medical compression stockings.

If this is your first prescription, your health insurance provider will bear the majority of the costs for two pairs, if your prescription states 'Extra pair for hygienic reasons'. After that, you are eligible for a new pair of stockings every six months if a repeat prescription is needed. Your physician will check your medical needs again.

Tell your retailer your preferences so you get the right stockings for your needs. The following information must be specified on your medical product prescription:

- Underlying diagnosis
- Number of stockings (pair or unit)
- Material recommendation, if applicable, with product name
- Required compression class: Ccl 1-3
- Required length:
  - > **AD** for knee-high stocking
  - > **AG** for thigh-high stocking
  - > **AT** for pantyhose
  - > **ATU** for maternity pantyhose
- Additional information: e.g. special silicone top band or open/closed toe
- German Medical Aids Directory number
- Note about 'custom-made solution' (if needed)



### OUR TIPS FOR YOU

#### HOW TO ENJOY YOUR NEW FAVORITE STOCKINGS FOR AS LONG AS POSSIBLE

Whether you'd like compression stockings for prevention or because of pre-existing vein problems – in order to benefit from their effectiveness, we recommend you wear them daily for the long term. It's also important, both for your stockings and for your skin, to ensure the right care. We'll tell you how:

#### Washing medical compression stockings correctly

Your compression stockings fit snugly to your skin. That's why, in addition to dust particles, skin flakes also remain in the fabric. For this reason, you should change your stockings daily and clean them before you wear them again, ideally, by hand-washing them or using a mild detergent at max. 40 °C in the washing machine. Do not use fabric softener. Air-dry your compression stockings to protect the fibers (do not tumble-dry or put them on a radiator).

#### Your VenoTrain treatment support

Also find out about our various VenoTrain accessories that will make the use of and care for your compression stockings easier for you. Discover our range:

- **VenoTrain lotion:** : moisturizing, protective skin lotion with chamomile extract
- **Bauerfeind care foam:** : for the care of stressed and sensitive skin with panthenol, and for easier donning; particularly suitable for those with allergies and diabetes
- **VenoTrain lingerie bag:** for perfect protection in the washing machine
- **VenoTrain gloves:** perfect grip for easier donning
- **VenoTrain glider and glider plus:** : practical donning aids for your compression stockings for home or out and about